



# Pinole Valley High School Health Center

## ► Health Center: Who We Are

**Our mission is to provide high quality and youth-friendly health and wellness services to all students**

The Pinole Valley High Health and Wellness Center, was established in June of 2007 as a collaborative effort between the West Contra Costa Unified School District and the YMCA of the East Bay, a non-profit organization whose mission is to serve the community as a resource for healthy living, youth development and social responsibility. The mission and purpose of the Pinole Valley High School Health and Wellness Center is to provide high quality, youth-friendly, health and wellness services to all students. We do this through the engagement of various community partnerships which offer health services and resources to students



*"The Pinole Valley Health Center has helped me in every way. When I need anything I know I can come here and be treated with respect. I think every school should have a Health Center. I feel safe here." -Pinole Valley High School Student*

## ► Services Provided

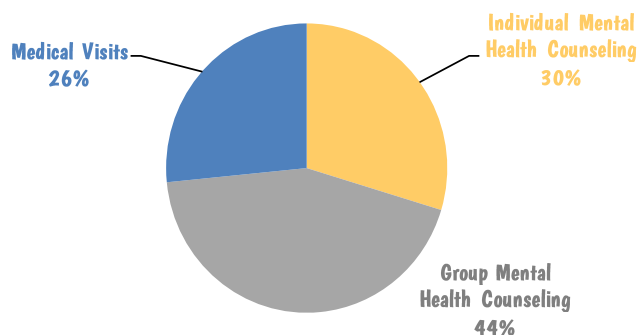
**Mental Health Services:** Includes crisis intervention, grief counseling, stress management, and general counseling on relationship issues, violence in the community, eating disorders, alcohol and drug abuse, and anger management for individual and group counseling.

**Medical Services:** Includes the provision of physicals, sports exams, first aid, family planning, screening and treatment of sexually transmitted infections (STIs), immunizations, and referrals to outside physicians and hospitals.

**Health Education:** Focused on pregnancy prevention, HIV/STI prevention, human sexuality, and substance abuse prevention.

**Youth Advisory Board:** The Health and Wellness Center Youth Advisory Board help to envision and develop various ways of promoting health resources to the school and outside community as well as provide valuable information about the opinions, needs, wants and attitudes around Health Center services.

### SBHC Visits Provided (n=2,537)



### ► Medical Services:

**Medical: On-site through a fully operational clinic**

Total Number of Youth Served	198
Total Number of Visits	674
Total Number of Visits Per Student	3.4



# Pinole Valley High School Health Center

## ► Student Impact



**"The Health Center has helped me so much. Whenever I need help there is always someone there for me. They are so helpful and loving and supportive. Without them, a lot of kids would be lost."**

**-Pinole Valley High School Student**

## ► Special Acknowledgement for our Partners & Supporters

### **Community Partners**

**YMCA of the East Bay**

**Contra Costa Health Services**

**California School-Based Health Alliance (CSHA)**

**Community Violence Solutions**

**STAND! For Families Free of Violence**

**American Public Health Association (APHA)**

**Pinole Valley High Administration & Staff**

**Prevention Research Center**



## ► Contact Information

**Theresa Dade-Boone, MPA**  
**Community Schools Coordinator**  
**[tdade-boone@ymcaeastbay.org](mailto:tdade-boone@ymcaeastbay.org)**  
**510-231-1130 x27318**